

## Applying for Physical Examination 体检

1. You should apply for Physical Examination at **Shanghai International Travel Healthcare Center** of Shanghai Entry-Exit Inspection and Quarantine Bureau, P.R.C
2. Please check whether you have all the required documents before you go to hospital.

<b>Documents you need to bring</b> 体检材料	<ul style="list-style-type: none"><li>- <b>Admission Notice (copy)</b></li><li>- 4 x 2 inch size photos (or take photo on site for around RMB25)</li><li>- Passport and a copy of your passport</li><li>- Medical report (if you have one taken from your own country)</li><li>- Fee: from RMB 500</li></ul>
<b>Address</b> 上海国际旅行卫生保健中心地址	<ul style="list-style-type: none"><li>- The center is located at 15 Jinbang Road, Shanghai. You can show the following Chinese address to taxi driver. <b>上海市金浜路 15 号（哈密路口）</b></li></ul>
<b>Opening hours &amp; Tel No.</b> 工作时间和电话	<ul style="list-style-type: none"><li>- 8:30 - 11:00 and 13:00 - 15:30, Monday to Friday</li><li>- Please call <b>62688851 to make an appointment</b> in advance.</li><li>- You can also book online at <a href="http://www.sithc.com">www.sithc.com</a></li><li>- Fax: 8621-62683088</li></ul>
<b>How to get there</b> 交通	<ul style="list-style-type: none"><li>- <b>It takes about 2.5 hours from LIXIN to there.</b></li><li>- Take Metro from Line 12 Jin hai road station to Line 10 Shanghai Zoo Station.</li><li>- Take a taxi to the center for around 14 RMB.</li></ul>
<b>Attentions</b> 注意	<ul style="list-style-type: none"><li>- You should not eat anything after 8pm the day before health check if your appointment is in the morning. If your appointment is in the afternoon, eat breakfast before 8a.m</li><li>- The Physical Examination report and certificate shall be made available after 3 working days.</li><li>- <b>What to do once you get there:</b><ul style="list-style-type: none"><li>● At the center, present your passport, photocopy of passport, 4 photos, copy of Admission Notice and appointment number at the reception.</li><li>● Get a form and ticket number. Fill in the form.</li><li>● If you need to take photo, pay at the reception, with the receipt, go to Photography Studio. Photos shall be available in 5 minutes.</li><li>● Go to waiting area for your number to be called. An officer will then ask you a few questions and give you a barcode.</li><li>● Go to payment counter and pay the fee with the barcode.</li><li>● After you have paid, go straight to the Clinic room. Assessment takes about 15 to 30 minutes.</li></ul></li></ul>
<b>Post your report to School or take by yourself</b> 寄件（快递信息）	<ul style="list-style-type: none"><li>- Pay 25RMB for your report to be sent by express service or cost nothing to pick up in person.</li><li>- If send by express, please send to our address at: (or to your own address during school holidays) You can show the address to the staff for them to fill in Chinese: <b>上海市浦东新区上川路 995 号金保楼 313 室，留学生办公室收，201209, 65565443</b></li></ul>